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# The Priebe Post

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# Life Insurance Awareness Month

No one really wants to think about life insurance. But if someone depends on you financially, it's a topic you can't avoid. In the event of a tragedy, life insurance proceeds can:

- Pay for funeral costs
- Help pay the bills and meet ongoing living expenses
- Pay off outstanding debt, including credit cards and the mortgage
- Continue a family business
- Finance future needs like your children's education
- Offset the tax liability on IRAs, 401Ks, and other employersponsored retirement plans

Click on the link below to watch a video on a family's tragic story where life insurance was the hero:

## https://www.lifehappens.org/videos/securing-the-americandream/

Getting life insurance doesn't have to be hard. We have some easy steps for you to walk through to see if life insurance is right for you. Give us a call to set up a life insurance appointment.



Due to the holiday, our office will be closed on Monday, September 3rd. We will be back in the office on Tuesday, September 4th, as usual.

## Priebe Investment Plans invites you to a



### On Tuesday, September 24<sup>th</sup> at 12 noon

We invite you to join us in our Fort Lauderdale office for an educational presentation.

Topic:

# Life Insurance: Let us help you review your current policy or let us find

one for you

Join us for a friendly discussion. Bring your spouse, neighbor or friend. Walter Priebe will have a short presentation and will be available to take any questions. Seating is limited. Lunch will be served.

# Please call our office, 954.974.3266 to reserve your seat

Office Address: 2933 West Cypress Creek Road, Suite 102 Fort Lauderdale, FL 33309





#### **Health & Wealth:**

Why Taking Care of Your Finances is Self Care

If you look up the meaning of self-care, you'll find many different definitions, including, from Dictionary.com: "Noun. Care of the self without medical or other professional consultation." Although some forms of self-care – like getting more sleep and taking a walk during your lunch hour – won't cost you any money, other forms of wellness require a small financial investment. So, if you really want to commit to self-care and pay for things that will improve your life, it's time to take care of your finances, as well. Since health and wealth are interconnected, it makes sense to think of financial health as a form of self-care. Not only will this set you on a path toward a more prosperous future, but you'll free up funds for other forms of wellness at the same time. Below are examples of financial self-care:

- Live within your means
- Pay off debt
- Save for emergencies
- Invest for the future

Remember that self-care means taking care of your whole self. This includes your finances, as well as your physical and mental health.

### TRIVIA QUESTION

In the late 1800s, the average American worked 12 –hour days and seven-day weeks to eke out a basic living. Children as young as 5-6 years old worked in factories and mines. Which state was the first to make Labor Day a holiday in 1887? What year was the 8-hour day firmly established?



Tune in to Walt of Priebe Investment Plans from 10am-11am every Wednesday on your 740AM dial and 8am-10am every Sunday on your 1230AM dial.

#### **FOOTBALL IS FINALLY HERE!**



Whether you're a local Miami Dolphins, Jacksonville Jaguars, Tampa Buccaneers' fan or if vour team is from another state, like Walter and his Chicago Bears, all football fans are cheering the same chant, "FOOTBALL IS **FINALLY** HERE!" Click on the link below for the entire schedule http://www.nfl.com/schedul es/2018/REG1

\*\*\* Enjoy the season! \*\*\*

## **CLIENT CELEBRATIONS**

#### **Client Birthdays**

**Carol Carnes** JoAnn Britton Daryl Britton Dianne Blandford Marge Ciccone Pat Craig Lillian DeGasperis Kenneth Duxbury William Farbarik Heather Fulkerson Roy Gobin Ronald Greene Katherine Griffin **Leon Haimes** Janet James Bill Kraus Jose Lartitegui Sarah Lawrence Ralph Martin Josephine Porter Chuck Ramee **David Woodson** Marty Winkler



#### **Wedding Anniversaries**

Colin & Pat Craig Robert & Karin Dana Vito & Patricia DePalmo Henry Salsano, Jr&Richard Hostler Rob & Susan Seltzer



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# Rosie's lighter RECIPE CORNER



#### **Rainbow Tomato Salad**

2 lbs. ripe tomato of various colors, shapes and sizes, at room temp Sea salt, to season Pepper 2 tsp. balsamic vinegar Drizzle extra-virgin olive oil Basil leaves, lightly chopped

I am a huge fan of tomatoes! On my recent trip to Maryland, I tried, for the first time, a tomato sandwich with whole grain bread, mayonnaise and salt. It was so delicious that I now shop for New Jersey tomatoes any chance I get. For our locals, they were recently advertised at Bedner's Farm Market in Boynton Beach.

This month's super simple recipe higlights tomotoes in all their glory.

Directions:

Slice the tomatoes and arrange on a platter, then season with sea salt and some pepper. Drizzle over the vinegar and oil, and scatter over the basil. Enjoy!

### TRIVIA ANSWER

Oregon was the first state to make Labor Day a holiday in 1887. However, on June 28, 1894, Congress passed an act making the first Monday in September of each year a legal holiday. The year in which the 8-hour day was firmly established was 1916 with the passage of the Adamson Act. This was the first federal law regulating hours of workers in private companies. (Source: www.forbes.com/labordayfacts.)